OFFICE BEARERS

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VICE PRESIDENT: Peter Tierney, 11Berrico Place, BANGOR, 2234 (02) 9543 0478

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WELFARE OFFICER: Cathy Edwards

STOMA COVERS, SHOWER SHIELD, WELFARE MATTERS: Cathy Edwards, PO Box 54, ALLAWAH, 2218. 02 9587 9636 cedwards53@bigpond.com

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SPEECH AIDS COORDINATOR: BATTERIES FOR SERVOX, LOAN SPEECH AIDS, ADVICE ON REPAIRS Chris Barrett 8 Sacha Terrace Terrigal NSW 2260 Ph: 0243851440. chrisbarrett1951@hotmail.com

EDITOR: George Southgate, 65 Church St Glen Innes 2370 Ph 0417174456 geocentric.gs@gmail.com

NEXT MEETING 3rd Wednesday February – November at the Sydney Mechanics Institute, 280 Pitt St, SYDNEY at 10.45 am. (EXCLUDING APR, JUL & OCT DETAILS TO BE ADVISED Pg. 2) The meeting will be followed by light refreshments. Laryngectomees, friends, families, professionals all welcome.

ACCOMMODATION ASSISTANCE WHEN NEEDED
OUT-PATIENT TREATMENT AWAY FROM HOME:
Cancer Council NSW, 153 Dowling St, WOOLLOOMOOLOO, 2011 (PO Box 572, Kings Cross, 1340), Phone: 13 11 20. (Information & Support) Or contact Social Worker at hospital you will be attending. www.cancercouncil.com.au

ASSOCIATION WEBPAGE:
www.stilltalking.org.

INTERNATIONAL ASSOCIATION OF LARYNGECTOMEES:
www.theial.com/ial

WEB WHISPERS:
www.webwhispers.org

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WEB WHISPERS:
www.webwhispers.org
Regional Meetings
NSW Association: 3rd Wednesday of month
(Feb - Nov) Next away St. George Hospital
17th October
NEWCASTLE: 3rd Tuesday. Monthly
Mayfield Bowling Club Ingall Street
Mayfield Start 12.30 -2.00 Contact John
Lovett (02) 4954 8308
johndawnlovett@optusnet.com.au
NORTHERN RIVERS: 4 times annually in
Lismore. Contact Speech Pathologist Allison
Grady (02) 6629 4523 or (02) 6620 21 57
ALBURY: Meets alternate months from
February. Contact Tanya Dawe- Speech
Pathology Manager Phone 02 60584565,
Mobile 0409543653
Email tanya.dawe@awh.org.au

MID NORTH COAST: The Colonial rooms
Behind Saint Thomas’s Anglican Church
Hay St Port Macquarie Last Wed of March.
June. September. & 1st Wednesday
December. Contact (02) 65801828
CENTRAL COAST: 3rd Thursday of the
month, Cancer Council Community Hub,
The Hive, Erina Fair 10am –12 noon. Head
and neck cancer nurse (02) 4320 9823
Cancer Council 4336 4500
Facilitator Gary Marr 0412 262 145
gsm18@live.com.au
COFFS / CLARENCE: Shearwater Lodge,
Coffs Health Campus. 2pm every 3rd
Thursday, Bi-monthly
Contact Melissa.Parish 02 6656 7606
melissa.parish@ncahs.health.nsw.gov.au

Minutes
Laryngectomee Association of NSW Inc.
Minutes of Meeting held 15 August 2018
The Meeting was held at the usual venue at 280 Pitt Street, Sydney opening at 10:45am with
the President, Les Byrnes occupying the Chair & welcoming attendees.

Attendance – Laryngectomees
Peter Tierney; Greg Joss; Frank Campbell; John Pyle; Chris Barrett & Les Byrnes.

Attendance – non-Laryngectomees
Glenda Tierney; Yvonne Byrnes; Carol Gardner; Cathy Edwards & Michael Schey.

Apology
Raymond Chappelow
The President updated members on the above’s health problems & the difficulty travelling the
lengthy journey from Lithgow to Sydney.
New Member
Peter Kelly of French’s Forest

Subscription Renewals
Cate Durney of Baulkham Hills; Vin Keshow of Peakhurst.

Minutes of July Meeting
The Minutes of the previous Meeting were accepted as read and there being no Business
Arising were adopted.

Welfare Report
The Welfare Report was table by Cathy Edwards who advised that she would be away from 9
to the 29 September, next. Discussion regarding stoma covers materials ensued, Cathy
advising that she was still exploring possibilities. Welfare Report adopted.
LARYNGETOMEE ASSOCIATION
WELFARE REPORT FOR July/August 2018

PATIENT PACKS

STOMA COVERS & ACCESSORIES

<table>
<thead>
<tr>
<th>Name</th>
<th>Goods</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>John Chaloner</td>
<td>1 Single 1 Double Stoma Covers</td>
<td>12.00</td>
</tr>
<tr>
<td>Leila El Hussini</td>
<td>12 Stoma Covers</td>
<td>72.00</td>
</tr>
<tr>
<td>A Peck</td>
<td>1 showshield</td>
<td>30.00</td>
</tr>
<tr>
<td>K Achkan</td>
<td>2 Single 1 Double Stoma Covers</td>
<td>18.00</td>
</tr>
</tbody>
</table>

Emergency Cards sent

Packs for New Members
Peter Kelly  French's Forest

Postage Costs

| Float - given in June 2017 | 500.00 |
| Balance b/f                | 414.05 |
| Small Satchel X 10          | 80.75  |
| 4 Medium Bags for Wendy     | 55.20  |

Total 135.95 $278.10

Correspondence

Incoming
Australian Charity Guide – “Focus” – 5 Key Areas
“State of the Nation Seminars”

Outgoing
Peter Kelly of French’s Forest – letter of welcome to new member

The above financial statement was adopted.

The Term Deposit of $40,000.00 has not been transferred as yet and the President advised that he would arrange for an authority to be sent to the CBA to transfer the funds to our Society Account.
Carol Gardner advised that she had received an enquiry from the Southern District Branch, Liverpool which had closed and transferred funds to LANSW. To date they had not received a receipt for the transaction. Les Byrnes advised he would arrange for a receipt to be sent.

**General Business**

The President spoke about the last meeting held at Liverpool Hospital and whether the October meeting, which has been tentatively booked for St. George Hospital, should be confirmed. It was decided to confirm the arrangements. More detailed information will be available at the September Meeting.

An email from Rebecca Schafer, Customer Care of Main Medical, was discussed and it was resolved that the email and other information would be published in our September newsletter.

There being no further business the meeting closed at 11:50am for lunch & refreshments.

**Addendum:** There will be no October issue, as I will be away for the whole month, sorry.

George

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October Meeting

In an attempt to encourage members to attend our monthly meetings, the LANSW is trialling different venues in suburbs away from the city of Sydney.

The October Meeting is being held at St. George Hospital in Kogarah on 17 October 2018 in The DWKing Conference Room of the Cancer Care Centre, Building 2, Level 2 (enter via Main Entrance, Gray Street), commencing at 11a.m (till 1pm). There will be signs to assist finding your way. Lunch with tea & coffee will also be available.

The Speech Pathologist Dr. Julia Maclean will be attending as will the Senior Occupational Therapist, Marie Fournaris.

All members, family & carers are invited, especially those who live closer to Kogarah and may be outpatients of St. George Hospital.
Map Of Saint George Campus

Clifford Hallam Healthcare (CH2) partnering with Main Medical as the Exclusive Distributor of the following Laryngectomy supplies:

**Blom-Singer** Voice restoration products including Voice Prosthesis, Laryngectomy Tubes, HMEs, Base plates, and Handsfree equipment

**NEW Servox** Digital Electrolarynx with rechargeable batteries.

**KAPITEX**: Buchanan bibs, Laryngofoam, Trachi-Naze HME, Stoma Studs, Kapitex Lary Tubes and Dysphagia products.

You can call our CH2 Customer Care Team on 1300 005 279, email hospital@ch2.net.au or place an online order through CH2 Direct. Information and resources are also available on our website.

www.mainmed.com.au
- Important distribution change - Main Medical team up with Kapitex
Buchanan bibs, Laryngofoam, Trachi-Naze HME, Stoma Studs, Kapitex Lary Tubes and Dysphagia products... patient solutions we know and love... are now exclusively distributed through Main Medical / CH2.

Main Medical are delighted to be able to extend our product range and bring you the popular KAPITEX range of products to complement our current offer. KAPITEX are a market leader in the development and manufacture of medical devices for use in tracheostomy and particularly laryngectomy patients. KAPITEX are a science-based and clinically orientated company and are especially proud of their excellent reputation for product quality and service, which makes KAPITEX a perfect partner for Main Medical.

For further information please visit our website www.mainmed.com.au email us at info@mainmed.com.au or call our
CH2 Customer Care team on 1300 00 LARY (1300 005 279)

Photos that haven't been photo shopped
Your Invited

This year’s Christmas Party for the Laryngectomee Association of NSW is to be held on Saturday 24 November 2018 at Ryde Eastwood Leagues Club at 12 noon till 3pm.

There is **NO charge** for Laryngectomees, their partner/carer.

There is **NO charge** for Speech Pathologists/Health Professionals

The cost for visitors is $35 and is subsidised by the Association

Please ring Raymond early this week

On 400 409 325
Mr R L Chappelow  
Secretary & Treasurer  
Laryngectomee Association of NSW Inc.

Kay Hyman  
Chief Executive  
Nepean Blue Mountains Local Health District

I am writing to inform you about my experiences at Lithgow Hospital.  
I was admitted there on 25 April 2017 and was very impressed with the professionalism of all who assisted me over the 8 days I was an inpatient.  
However, I have been an inpatient 3 more times since & there have been some negative issues which I believe need your consideration.  
These arise because I am a laryngectomee and had aspirated food into my lungs due to problems with my Voice Prosthetic. I found that the staff had no experience with laryngectomees & even the two Speech Pathologists I have met were untrained & unfamiliar with laryngectomees. I was advised that the their third S.P. had worked with larys 10 years previously but needed updating of her skills.  
Further, the physicians were also at a loss as to how to proceed following issues such as mine. This has led to some errors such as referral to Ear, Nose & Throat Physicians where it was appropriate to be referred to Respiratory Specialists & Speech Pathologists. Further, some of the Triage Nurses are apparently unaware of the seriousness of aspiration of foods, etc & fail to act with urgency.  
What I wish to suggest is that all Speech Pathologists at the smaller hospitals in the Nepean zone have at least basic training in this area & where possible, one S.P. be trained to fit new prosthetics.  
I have been involved with demonstrations of the necessary procedures by Westmead’s S.P.’s to medical staff including Blacktown Hospital’s cancer care nurses.  
An adequately trained S.P. at Lithgow Hospital (&Blue Mountains) would be able to assist other staff with advice on these laryngectomee matters. Perhaps a Respiratory Physician could address relevant staff regarding the speed that aspiration affects the lungs?  
I am not the only laryngectomee residing in the Blue Mountains or Lithgow L.G. A’s and I know there are several further west who may travel through Lithgow from time to time. If they took ill or had an accident Lithgow’s would be the closest hospital.  
Looking forward to your response.  
Yours sincerely,

Raymond Chappelow
Dear Mr Chappelow

Thank you for your letter regarding your recent experience at Lithgow Hospital. The following information is provided into the concerns you raised regarding the management of your laryngectomee.

**ISSUE:** Staff at Lithgow Hospital had no experience with laryngectomees; speech pathologists were untrained and unfamiliar with laryngectomees. Speech pathology management of patients with a laryngectomy is a specialised skill that requires ongoing exposure to laryngectomy patients, to keep their knowledge current, as well as medical support. When a laryngectomy patient is presents to Lithgow Hospital the intention is that the Lithgow Speech Pathologist contacts Nepean Hospital for handover and any specific support.

**ISSUE:** Suggest that all Speech Pathologists at the smaller hospitals in the Nepean zone have at least basic training in this era and where possible, one Speech Pathologist be trained to fit new prosthetics.

Speech Pathologists at Lithgow Hospital have received broad basic education around patient equipment, stoma, voice prosthesis (VP) primary checks and common issues applicable to chronic laryngectomy patients, as laryngectomy management is not a core part of their work. This education has been provided by the District Senior Speech Pathologist based at Nepean Hospital. The same information was provided to community nurses. Lithgow Speech Pathology staff have the knowledge to complete basic checks such as stoma patency, to ascertain if a VP has been dislodged and to know when to contact the Nepean Hospital Speech Pathology staff to be guided staff through this and to troubleshoot any questions that arise. Access to phone support is readily available as is access to district-wide professional development opportunities and education in this clinical area.

**ISSUE:** An adequately trained Speech Pathologist at Lithgow and Blue Mountains would be able to assist other staff with advice on laryngectomee matters.

Speech Pathology staff who work at Blue Mountains Hospital undergo a rigorous competency and training program under the supervision of the Senior Speech Pathologist at Nepean Hospital. The training needs of staff working at Lithgow has been provided in consultation with the Lithgow Hospital Speech Pathology Manager who advises that her team is well supported in the management of laryngectomy patients in that they have a basic knowledge which, supplemented with support from Nepean, provides a good service.

In addition to this, telehealth equipment is being explored as a medium for providing ongoing clinical support and training to outlying sites of the District and practical updates of equipment, basic safety and specific case information of laryngectomees who live in the District are always handed over as required to ensure seamless transfer of care.

Ms Jill Marjoram, General Manager, Lithgow Hospital has advised that as the medical officers working in Lithgow Hospital are General Practitioners, the best practice pathway encouraged is for the medical officers to contact the tertiary referral centre (Nepean Hospital). This allows...
the medical officer to get advice on the clinical management of complex and unusual presentations. There are several mechanisms available for the medical officer to contact Nepean Hospital, telephone, videoconference and telehealth. Ms Marjoram has asked me to extend her apologies that the initial contact was to the incorrect specialty, and your feedback has been noted. Thank you again for bringing your concerns to my attention. The District welcomes feedback such as yours to improve upon the quality and timeliness of the care it provides to its patients. It is the experience of patients and their families that provides the best insight into the performance of our health services and areas of delivery that can be improved. For further information, please contact Ms Marjoram on 6350 2330.

Yours sincerely

Kay Hyman
Chief Executive
Nepean Blue Mountains Local Health District

My opinion: I’m not putting speechies down they are wonderful, management however?

Issue 1
Speech therapist aren’t on 24 hour call Haven’t they heard of emergencies

Issue 2
Speech therapist aren’t on 24 hour call Haven’t they heard of emergencies

Issue 3
Speech therapist aren’t on 24 hour call Haven’t they heard of emergencies

Total cop out awarded the wooden spoon
A fleeing Taliban terrorist, desperate for water, was plodding through the Afghan desert when he saw something far off in the distance. Hoping to find water, he hurried toward the mirage, only to find a very frail little old Jewish man standing at a small makeshift display rack - selling ties. The Taliban terrorist asked, "Do you have water?" The Jewish man replied, "I have no water. Would you like to buy a tie? They are only $5." The Taliban shouted hysterically, "Idiot Infidel! I do not need such an over-priced western adornment - I spit on your ties. I need water!" "Sorry, I have none - just ties - pure silk - and only $5." "Pahh! A curse on your ties, I should wrap one around your scrawny little neck and choke the life out of you, but I must conserve my energy and find water!"

"Okay," said the little old Jewish man, "it does not matter that you do not want to buy a tie from me or that you hate me, threaten my life and call me infidel. I will show you that I am bigger than any of that. If you continue over that hill to the east for about two miles, you will find a restaurant. It has the finest food and all the ice-cold water you need...Go In Peace!"

Cursing him again, the desperate Taliban staggered away over the hill. Several hours later, he crawled back, almost dead and gasped, "They won't let me in without a tie."

With all the new technology regarding fertility recently, a 65-year-old friend of mine was able to give birth. When she was discharged from the hospital and went home, I went to visit. 'May I see the new baby?' I asked. 'Not yet,' She said 'I'll make coffee and we can visit for a while first.' Thirty minutes had passed, and I asked, 'May I see the new baby now?' 'No, not yet,' She said.

After another few minutes had elapsed, I asked again, 'May I see the baby now?' 'No, not yet,' replied my friend. Growing very impatient, I asked, 'Well, when can I see the baby?' 'WHEN HE CRIES!' she told me. 'WHEN HE CRIES?' I demanded. 'Why do I have to wait until he CRIES?' 'BECAUSE I FORGOT WHERE I PUT HIM O.K.?!'

Two blondes were driving to Disneyland. The sign said: Disneyland Left. So they started crying and headed home.

I really can't stand it when homeless guys shake their cups of money at me. Do they really have to rub it in that they've got more cash than I do? Tonight I dreamt of a beautiful walk on a sandy beach. At least that explains the footprints I found in the cat litter box this morning.

At a disco: "Wow, what's a cute girl like you doing in a corner all alone?"

"I had to fart."

Knock knock.
Who's there?
The door.